

Western Maryland Area Health Education Center  
Dietetic Caucus Minutes  
National Dietician's Day Celebration  
March 15, 2012

The meeting was called to order at 5:00pm by Jennifer Wilson. She welcomed everyone to the celebration. The minutes from the January 5, 2012 meetings were reviewed and approved as written. Present were:

Jennifer Wilson	Tonya Sherrill	Katherine Berkowitz
Allison Heavner	Kristin Wilkins	Meredythe Barrick
Jennifer Hoover	Brenda Ridgway	Kay Leigh
Joni Brode	Angie Sutphin	Adam Burda
Susan Scarpelli	Theresa Stahl	Cynthia Held
Joy Taylor		

**REPORTS**

Treasury Report:

Jennifer Hoover reported a balance of \$1,453.29 in the Dietetic Caucus account as of January 31, 2012.

WMAHEC Board of Directors:

Jenn Wilson reported that the next WMAHEC Board of Directors is next week on March 20, 2012. She reminded members that the Annual Awards Dinner is scheduled for June 19, 2012 and she hopes that everyone can attend.

Continuing Education:

Linda Atkinson was not in attendance but she asked Joy to remind members about the "Nutrition and Oral Health" course on June 8, 2012. There will also be two training programs on Tuesday, April 24<sup>th</sup> in Auditorium Room 3 titled "Combating Malnutrition in Disease and Motivational Interviewing: Skills for Every Patient". There will be 1 CE hour for each course. The contact person is Susan Scarpelli.

**OLD BUSINESS**

Listserv & Web Page:

The member listserv was circulated for review and updates. The webpage was also distributed for updates.

National Nutrition Month Project:

The "Making Healthy Choices Easy" Country Club Mall project has been postponed for now. Jenn announced that due to the Mall getting new management, there are some legal issues taking on this project. So Marcy and Jenn will provide an update at a later date.

Focus on the Future:

Allison Heavner volunteered to help with the Focus on the Future event. The date for this year is November 13 & 14, 2012, and it will be held at the multi-purpose building at the Allegany County Fairgrounds. The display board will be used in the project.

Jenn Hoover will help Adam with Career Day at South Penn.

### Living with Diabetes Program Update:

Jennifer Hoover gave an update on the program and reported she had 7 attendees last month and she has 13-14 registered for this month. This program has been very well received in the area.

In addition Jenn announced that there is nutrition fair at the hospital and she will forward the announcement to Joy so that she can send it to the listservs.

### **NEW BUSINESS & OTHER ANNOUNCEMENTS**

#### National Dietitian Day

Kay thanked Theresa and Brenda, who assisted her on the National Dietitian's Day Committee, to help organize today's celebration.

#### 2012 Dietitian of the Year

Brenda Ridgway, Marcy Etherson, and Meredythe Barrick were on the committee for selecting the outstanding Dietitian of the Year. They happily announced that Jenn Hoover was chosen as the 2012 Outstanding Dietitian of the Year.

#### Dietetic Caucus Executive Committee Election Ideas

There was a lot of discussion about the open executive committee positions and the current length of their terms. It was agreed that they would continue to be terms of 2 years but that we would change the Vice Chair to Chair Elect. That change will be adjusted in the By Laws and then given to the Board of Directors for final approval. After more discussion, Theresa accepted the nomination of Chair for the FY13-15 term. Brenda Ridgway was nominated and accepted the nomination as Chair Elect. Jenn Wilson agreed to stay on as Board Representative for another year and Jenn will check with Marcy regarding her interest in staying on as Secretary. If Marcy is not interested, then a notice can be sent to the listserv for further nominations. These executive committee positions will be voted on at the next meeting scheduled for Thursday, May 31<sup>st</sup> in the WMHS Auditorium room #1.

#### Highlights of Dietitian Activities

Joy spoke about the Real Foods course that she attended and she said that the content was very good and included information on the impact of chemicals in food, the benefits of real food, grocery shopping for better choices, alternative sugar and oil choices and adjusting recipes to be healthier. Amy Goddard, who is a Natural Living Educator with Vintage Remedy School of Health actually brought foods and served them at every class. Joy thought that the course was well done.

Jenn Hoover announced that the Wound Care conference is coming up. She announced that she will be attending a Diabetic seminar at the University Of Maryland. She will also be speaking at one of the Mini-Med sessions at Allegany College in May.

Meredythe Barrick announced that she has a baby due in August.

Joni announced that she teaches Heart Healthy Classes two times a month at the hospital and Kristin gave a PA Beef Council update regarding the issues of pink slime.

The meeting was adjourned at 7:00 pm.

Respectfully submitted,  
Joy Taylor