

Western Maryland Area Health Education Center  
Dietetic Caucus Minutes  
May 2, 2013

Theresa Stahl called the meeting to order at 4:40 p.m. and welcomed everyone in attendance. The March 7, 2013 meeting minutes were reviewed and one correction was made. The spelling name of the Meritus Hospital bariatric program RD is Margaret Furtado. With this correction, Kay moved to accept the minutes, Theresa seconded the motion and the minutes were approved. Present were:

Jennifer Hoover  
Brenda Ridgway  
Lisa McCoy

Linda Sweitzer  
Kay Leigh  
Joy Taylor

Theresa Stahl  
Marcy Etherson

**REPORTS**

Treasury Report:

Jennifer Hoover gave the treasurer's report. The caucus has a balance of \$417.52 in the account. Fundraisers were discussed to try to beef up the treasury.

WMAHEC Board of Directors:

Jennifer Wilson was not in attendance. The annual awards dinner will be June 11, 2013. All caucus members are invited to attend.

Continuing Education:

Linda Atkinson was not in attendance, but we discussed continuing education topics. Theresa reported that the eating disorder program is tabled for now. Theresa apologized for this but explained that the speaker wanted an expert panel of professionals who specialize in eating disorders to participate, and there is a shortage of these providers in our area at this time. This topic was tabled and may be re-visited in the future.

Regarding the bariatric continuing education topic, the RD, Margaret Furtado will not be able to speak as she is leaving and going to medical school soon. Lisa said there is another RD at Meritus who may be able to speak. She is going to try getting in touch with her. Discussion ensued about whether to join with Allegany College. It was decided that more doctors would participate if it was held at the hospital rather than the college, so it was decided to hold the program at WMHS. This way it may be combined with the doctor's CME program at WMHS. Someone will need to follow up with the CME program if it was promoted to the doctors as well as the public. A sub-committee consisting of Kay and Brenda was formed to explore this and plan more of the program.

The other topics that have been discussed in the past (Sports Nutrition, Food Allergies, and Fast Food for Skinny Budgets) but always put on the back burner, are now removed from the list of potential continuing education topics for the near-future.

**OLD BUSINESS**

Listserv & Web Page:

The member listserv was circulated for review and updates.

### National Nutrition Month Projects:

Community Project Update Ideas: It was reported by Theresa that the MD Cooperative Extension had a recent program where the homeless participants were given crock pots.

Cooking Demos were discussed. Linda said she has done some demos at HRDC and she had 25 to 30 participants. HRDC has nice facilities with a new kitchen. Lisa suggested partnering with businesses. Theresa said the cooperative extension has a garden where you can rent a plot of land for a small fee.

### **NEW BUSINESS & OTHER ANNOUNCEMENTS**

#### National Nutrition Month 2013 Celebration

The RD Day celebration was reviewed while still in people's minds so everyone could think about next year's event. Brenda suggested not doing it at the hospital next year. Locations suggested were the Vo-Tech, Bedford Springs, and the Culinary Café downtown Cumberland. There may be a sub-committee formed to pursue some of the suggestions, but this was tabled until the next meeting as it is still many months away.

Highlights of RD Activities: Positions opening in the area were announced: Genesis has a vacancy at two nursing centers in WV, one is in Romney and the other is in Fort Ashby; and Magnolia still has a full time opening at Moran and Devlin nursing centers. There is a full time position open at the WMHS and another opening is expected very soon.

Kay Leigh went to a Weight Management Symposium in Indianapolis and presented a lot of information that she learned.

The meeting adjourned at 7:00 pm. The next meeting is scheduled for July 11, 2013 at 4:30 p.m. in WMHS auditorium room #6.

Respectfully submitted,  
Marcy Etherson, RD