

Western Maryland Area Health Education Center
Dietetic Caucus Minutes
July 12, 2012

Theresa Stahl welcomed all and introduced a new dietitian at the hospital, Diana Mason. She asked that all members review the attached minutes from the May 31, 2012 meeting. The only recommendation was to take off the National Dietitians Day Celebration words that were at the top of the minutes heading. With that, the minutes were approved as written. Present were:

Theresa Stahl
Jenn Wilson
Vicky Vrabel

Diana Mason
Brenda Ridgway
Joy Taylor

Kay Leigh
Jennifer Hoover

REPORTS

Treasury Report:

Jennifer Hoover gave the treasurer's report. The caucus has a balance of \$871.02 in the account as of June 30, 2012.

WMAHEC Board of Directors:

Jenn Wilson gave the Board of Directors report, announcing the awards dinner in June was very nice and the Dietitian of the Year was awarded to Jennifer Hoover. She said that during the business part of the meeting the By Law request to change the Vice Chair to Chair Elect was approved.

Continuing Education:

Linda Atkinson was not in attendance but there was continuing education programming discussion, including Theresa's interest in Amanda Archibald perhaps doing a program called "Fast Foods for Skinny Budgets". There was discussion about how long we would like the program to be, 4 hours was suggested. Also discussed is whether we would want to have 2 sessions; 1 for the community and 1 for professionals where CE's would be available. Theresa will follow up with Amanda to see how many people we can have, if there are any size limits per class, whether we can do professional or community programs or both, and if Amanda needs a kitchen for this training, with discussion on what facilities she would recommend. It was suggested that we could combine it with the Farmer's Market kickoff and maybe have it at a local farm. Everyone agreed that we need to make money on the effort and it was agreed that we would discuss it further at our next caucus meeting. It was also suggested that instead of spending a lot of caucus meeting time discussing this program that we make up a subcommittee to do the planning and also to perhaps look for grant dollars to support it. Teresa is going to let Amanda know that our top dollar amount for providing an honorarium for this kind of a presentation would be \$1,000, so we would know right off the bat if we were out of the ballpark for her honorarium charges.

OLD BUSINESS

Listserv & Web Page:

The member listserv was circulated for review and updates. The webpage was not reviewed because the page was printed off before Mary Spalding had a chance to make the last update to it so it will be reviewed at the next meeting.

National Nutrition Month Projects:

Community Project Update:

Jenn Wilson updated the group on Focus on the Future. She will get notified at the beginning of the school year regarding the date for the 2012 Focus on the Future expo. She and Katie will work on the display board. Jen also announced that Adam Burda presented at South Penn Elementary last spring, and that it was very successful. Participants received prizes for achieving goals that included more exercise, better food choices and turning off the TV.

Living With Diabetes Program Update:

Jennifer Hoover mentioned that the Living with Diabetes Program continues to grow and that there will be a new diabetes clinic to be housed at the Johnson Heights Medical Building. Everyone remarked that the newspaper article published was very flattering and that great information regarding this self-management diabetes program was included. It was also discussed that Jenn will just give the update on this program during the highlight of dietitian activities when she has something new to announce to the group. Joy will take that update out of the agenda.

NEW BUSINESS & OTHER ANNOUNCEMENTS

Joy had members look over the By Laws and Annual Plan for updates. The Executive Committee officers need to be updated, and Joy will do that. The hours need updated to 4:30 – 5:30pm and the program activities, events and services are the same. Kay made a motion, Jenn seconded to approve the Annual Plan for FY 13 with the corrections as discussed. There were no changes to be made to the By Laws at this time.

Joy reviewed the Caucus survey results with members. There was a lot of discussion and it was agreed that we would limit the business portion of the meeting to 1 hour, from 4:30-5:30pm with the option then of going somewhere together for dinner and networking afterwards. This change is as a result of the responses to make the meetings shorter and that some people do not have the available time to spend several hours. So it will give the option for folks to just attend the business meeting or to just attend the dinner component of the meeting with networking, and of course members can attend both. Joy will send out a notice to the listserv explaining the results of the survey and that this change will be made per the majority request. It was also discussed about initiating some attendance incentives. Joy spoke about the OT Caucus and how they collect their email announcements for the meeting and have a drawing at the end of the year for a chance to win a free CE. Members have a greater chance to win the more meetings they attend. There was some discussion about adding special door prizes at the meetings to hopefully increase attendance, as well.

Kay announced that she is coordinating a new bariatric support group and that they just started meeting in June and she forwarded the flyer to Joy to send to all the AHEC listservs.

Joy gave an update that the WMAHEC would need to move again as the city has plans to demolish the Memorial building. At this time the WMAHEC is working with some realtors hoping to find a building that can be purchased to house both the clinical education students that reside at AHEC as well as the office needs

The meeting was adjourned at 8:00 pm.

Respectfully submitted,
Joy Taylor