

Western Maryland Area Health Education Center
Dietetic Caucus Minutes
September 4, 2014

The meeting was called to order at 4:30 pm by Theresa Stahl, Chair. Introductions were made as we welcomed 2 new members. The minutes from the July 10, 2014 meeting were reviewed and a motion to accept the minutes as written was made by Kay Leigh and seconded by Jenn Wilson.

Present were:

Lisa McCoy	Kay Leigh	Melody Lindner
Emily Valko	Theresa Stahl	Kathy Condor
Jennifer Wilson	Jennifer Perrin	Marcy Etherson
Joy Taylor		

REPORTS

Treasury Report:

Jennifer reported that the current balance is \$747.88 (no change since last meeting).

WMAHEC Board of Directors:

Jennifer Wilson had no report since there has been no meeting since last time. They are scheduled to meet on September 16, 2014.

Continuing Education:

Kathy Condor reported that she found the information from the nutrition conference that had been cancelled in the past. She contacted Sharon Peterson, a recommended speaker on Eating Disorders. Sharon referred her to another person who is more local for us but Kathy has not heard from them yet. We discussed what areas should be covered in this interdisciplinary conference. It was decided to postpone the conference until fall, 2015. More discussion will be held on topics and speakers in the month to come.

Kathy shared information about 2 upcoming conferences:

- Ethics for Health Care Professionals: October 17, 2014
- Bridges Out of Poverty: November 14, 2014

Bariatric Sub-Committee for 2014 Update:

Kay updated that Dr. Small would be presenting to the Bariatric support group on September 25, 2014 to discuss post-bariatric issues. Dr. Novak from Johnstown, PA will be sitting in on the support group on October 23, 2014.

Discussion was held about holding a CE program with Dr. Small. It was suggested that we offer a program with both Dr. Small and the RD from Meritus together since Dr. Small had just presented a CE program last year. Lisa will contact the dietitian regarding this program and available dates in spring 2015.

OLD BUSINESS

Listserv & Web Page:

The member listserv was circulated for review and updates.

National Nutrition Month Projects:

Dietetic Caucus Cookbook

Kay reported that the hospital has an online program that will do nutritional analysis of recipes. WMHS will utilize the 2 dietetic interns and part-time staff to enter data into the program for analysis. Kay circulated a sample of a recipe page for review and approval by members. Kay needs any additional recipes by the end of September or early October for the cookbook so we can meet our deadline of submission to the printer by December.

NEW BUSINESS

Meeting notices were collected from those that brought them.

Highlights of Dietitian Activities/Announcements

- Theresa reported that the Change to Win program starts next week and there are still a few openings. They meet for 10 weeks for 30-45 min/week. Classes are held on Tuesday's at 12:00 noon or Wednesdays at 4:30 pm.
- Walking for a Cause started September 1, 2014. This is the former Mile Mover Challenge.
- There will be a Diabetes Walk on October 11, 2014 at Allegany College of Maryland. There is no charge but all donations will go to the American Diabetes Association. There will be a WMHS/CCR friends and family team or you can create your own team. They will have educational materials on diabetes as well as a 50/50 and raffle tickets.
- Lisa reported that the Extension office is holding diabetes focus groups on September 25, 2014 (Cumberland) and October 16, 2014 (Oakland). The purpose of the focus group is to find out the barriers that people face in the day to day management of diabetes. A flyer will be distributed to the listserv.
- Extension is celebrating their 100th anniversary with educational programs at the Cumberland Fairgrounds on Tuesday, October 21, 2014 from 5 – 8:00 pm. A flyer with more information will be distributed through the listserv.
- Discussion was held about the Introduction to Cultural Competency CE that was held last month.

OTHER ANNOUNCEMENTS

The meeting adjourned at 5:35 pm. The next meeting is scheduled for November 6, 2014, at 4:30 pm at the WMHS.

Respectfully submitted,
Lisa McCoy, RD