

Western Maryland Area Health Education Center

PSYCHOLOGY AND PROFESSIONAL COUNSELING CAUCUS

MINUTES

May 20, 2013

Allegany College of Maryland, CE Room # ADD ROOM NUMBER– Cumberland,
Maryland

CALL TO ORDER: Paul McCusker called the meeting to order at 12:05 and asked everyone to review the minutes. All those in attendance today received the minutes ahead of time, which they were very appreciative of and barring there were no additions or corrections they were approved. The following individuals were present:

Anne Sheetz

Christa Snyder

Mike Motter

Judith Altemus

Paul McCusker

Joy Taylor

REPORTS

Continuing Education

Christa Snyder gave the report and announced that she is working on the fall brochures. There will be a course on September 9 and 10, 2013, which will be Day 3 and Day 4 for the Problem Gambling series. Day 1 and day 2, which were held this past spring, were very well received. She also announced that on September 16, 2013 there will be a "Sex and Drugs" course and September 23, 2013 an "Ethics" course, plus others that she is working on. After discussion, Christa announced that she would look into two programs that were suggestions by the Psych & Professional Counseling Caucus to co-sponsor for spring 2014. One is "Teen Killers/Gangs" and the other is "The Mentally Ill and Violence". If anyone has any questions or would need any details on any of the upcoming programs, they should email her.

WMAHEC Board of Directors

Mike Motter gave the WMAHEC Board of Director's report and announced that the last meeting was held on March 19, 2013. The bulk of the discussion was in regard to the Windsor Hall move. He reported that the students enjoy the new location. The next Board of Director's meeting, which will also be the Annual Awards Dinner, will be held on June 11, 2013 at the Cumberland Country Club.

Treasurer's Report

Antoinette Wiseman was not in attendance so Joy gave the Treasurer's Report and announced that as of April 30, 2013 the caucus has \$1,666.90 in the account.

OLD BUSINESS:

Update to Caucus Member list & Mailing List

Joy distributed the listserv and also had Paul McCusker sign the PTF for today's lunch.

CE Presentations

There was discussion about ideas for CE presentations. Mike Motter reported that he spoke to Jim Orth, who said that Cheryl Woo could possibly do a program on working with the deaf and psychotherapy next spring. There was discussion about other topics and the decision was made that we need to send out a survey to the Psych & Professional Counseling Caucus, Social Work Caucus and Nursing Caucus listservs on their interest in the following topics: "Cultural Diversity", "Therapy with Deaf Patients", "Marriage and Family Counseling", "Psychopharmacology Update", "Eating Disorders", "The Mentally Ill and Violence", "Motivation" and "Working with People with Personality Disorders". It was suggested that we have each one of these courses rated be from 0 to 10, with their interest level and at the end of the survey or as part of the survey ask if they would attend the course on this topic if we coordinate it. Joy will work on a survey monkey, get it distributed, and we will discuss the results at the next caucus meeting.

J and K Home Study Seminars

After some discussion, it was decided that we would purchase two new J and K Home Study Seminar Programs. One is the "Mindfulness-Based Cognitive Therapy for Depression and Anxiety" and the other is the David Burns new CD called "Overcoming Therapeutic Resistance". It was also suggested that we promote to all the listservs with the cost and how to rent the current DVD selections that we have. It was recommended to do this on at least a quarterly basis and that it is part of the Psych & Professional Counseling Caucus library.

Brochure

The Psych & Professional Counseling Caucus brochure draft was reviewed. A couple of corrections were noted that Joy will forward to Jackie. Overall, everyone thought it looked great and Christa suggested that we give some copies to her that she will take to trainings where she lays out other brochures. So, we will make sure that she gets a stack of brochure copies as well.

NEW BUSINESS:

2013 Mental Health Professional of the Year

Paul McCusker congratulated Judyth Altemus for being awarded the "2013 Mental Health Professional of the Year". She was thrilled and Anne Sheetz, who was last year's award winner, will present this award to Judyth at the Annual Awards Dinner on June 11, 2013.

Elections

The Executive Committee ballot of Paul McCusker, Chair, Antoinette Wiseman as Treasurer, and Mike Motter as Board Representative was accepted. It was motioned by Judyth and seconded by Anne to accept this slate of officers for the next 2-year term.

ANNOUNCEMENTS:

Anne Sheetz brought a notice about the National Mental Health Awareness month for 2013. Paul asked Joy to add this to the next meeting's agenda so that we can discuss it further and

prepare for the National Mental Health Awareness month 2014.

Paul adjourned the meeting and announced that our next meeting will be on August 26, 2013, 12:00 noon, in CE room #6.

Respectfully Submitted by Joy Taylor/Jackie Booth