

*No Charge for students to participate in GAIT projects.
Optional hotel, meals, project materials, and travel stipend are provided*

GERIATRIC ASSESSMENT INTERDISCIPLINARY TEAM (G.A.I.T)

An opportunity to:

- Enhance your Interdisciplinary Health Care Team Skills training
- Learn about Interdisciplinary Geriatric Assessment at a rural geriatric care site
- Participate in Interdisciplinary Team Assessment of program participants at care sites
- Discuss your Team Interdisciplinary Assessment with the care site staff

An opportunity to:

- Enhance your Interprofessional Healthcare Team Skills
- Learn about Interdisciplinary Geriatric Assessment at a rural/underserved geriatric care site
- Participate in Interdisciplinary Team Assessment of program participants at host care sites
- Discuss your Interprofessional Team Assessment with the host site staff

Who Can Participate: GAIT projects are funded by a University System of Maryland Redeployment Grant to the Geriatrics and Gerontology Education and Research (GGEAR) program at UMB

www.umaryland.edu/gerontology to provide a geriatric team training opportunity for students from:

- **Bowie State University** – Nursing, Psychology, Social Work
- **Coppin State University** – Nursing, Psychology, Social Work
- **Frostburg State University** - Nursing, Psychology, Recreation Therapy, Social Work
- **Morgan State University** – Nursing, Psychology, Social Work
- **Salisbury University** - Nursing, Psychology, Social Work
- **Towson University** - Gerontology, Health Care Management, Nursing, Occupational Therapy,
 - Physician Assistant, and Speech-Language Pathology
- **University of Maryland, Baltimore**
 - Dental, Nursing, Medicine, Social Work, Pharmacy, Law, Physical Therapy
- **University of Maryland, Shady Grove** – Nursing, Pharmacy
- **University of Maryland Baltimore County** – Social Work
- **University of Maryland, Eastern Shore**
 - Human Ecology, Pharmacy, Physical Therapy
- **Other Interested Maryland health professions programs students** – tsocha@ahecwest.org

FALL 2017 - GAIT PROJECTS IN WESTERN MARYLAND

<u>Dates</u>	<u>Focus Topic</u>	<u>Location</u>
Oct. 20 Friday 8am – 4pm	SUPPORTING STAYING AT HOME Adult Medical Day Services <i>Morning refreshments and onsite Lunch is included</i> <i>(previous night HOTEL option available if you are traveling a distance)</i>	Diakon Adult Medical Day Services Hagerstown, MD
Oct. 26 Thursday 8am – 4pm	MAINTAINING INDEPENDENCE: Healthy Older Adults Meeting the Challenges of Aging <i>Morning refreshments and onsite Lunch is included</i> <i>(Wednesday night HOTEL option available if you are traveling a distance)</i>	Independent Living Homewood at Williamsport Williamsport, MD

- **Register Early** (Number of participants from any ONE discipline PER project are limited)
- Additional GAIT projects on Eastern Shore esahecgait@esahec.org

*There is no charge for students to participate in GAIT projects.
Housing, meals, project materials, and travel costs are provided.*

Homewood at Williamsport is a not-for-profit Retirement Community serving the needs of older adults since 1932. *This is a great opportunity to meet with Older Adults who are typical of many community dwelling older adults; they are facing Challenges of Aging, but are working hard to stay independent.* The 28-acre community includes Independent Living (residents with whom you will be working), Assisted Living, Nursing Home, Home Health Care, and Hospice Services in cooperation with Hospice of Washington County, Inc. Based in Washington County, MD, Homewood Retirement Centers provide services in several surrounding states. <http://homewood.com/locations/homewood-williamsport-md> (78 miles from Baltimore)

Diakon Adult Day Services at Ravenwood Lutheran Village, Hagerstown, MD provides daytime services, allowing older persons or those with disabilities to remain as independent as possible in the community. Day services offer a day time alternative to assisted living or nursing home care, and respite for home caregivers. Participants receive assistance with daily activities, medication monitoring and administration, and therapy and counseling services. Program offers interaction with others, activities, transportation, meals and recreational trips. *In addition to nursing and activities staff at the site, the community-based social worker that works with the Day Services clients will discuss issues of access and financing of care, and the challenges and successes of adult day services. Family members of program participants may be available to talk with students.* Diakon Lutheran Social Ministries has provided housing and care to older adults since the 1940's. The campus includes independent living, assisted living, and nursing and rehabilitative care. <http://www.diakon.org/Adult-Day-Services/Ravenwood> (70 miles from Baltimore)

GAIT project Agenda includes:

- Introduction to Interprofessional Health Care Teams
- Team Communication Activities; Aging Simulation Activities
- Interprofessional Model to use for Student Team Assessment of assigned older adult
- Presentation related to Focus Topic at Host Site
- Presentation/discussion by Host Site Staff on their services and the clients they serve
- Brief Tour

Review client's record (each team will be assessing different person)

Observe client in activities/therapy etc.

Team Interview of assigned client

Discussion of Interview; Follow up Planning; Consult with host site staff

Complete interdisciplinary team presentation plan

Team Presentation(s) and discussion with Host Site staff

AHEC West:

Maryland Area Health Education Center *West*, www.ahecwest.org is a community-based center affiliated with the Maryland Statewide Medical Education and Training System and the Geriatrics and Gerontology Education and Research (GGEAR) Program, www.gerontology.umaryland.edu at the University of Maryland, Baltimore. The AHEC West mission is to improve access to and promote quality in health care through educational partnerships with centers for higher education, community health professionals, and partners in Western Maryland and surrounding communities.

For more information about GAIT go to: <http://www.ahecwest.org/uploads/files/GAIT%20-PPT%20Overview%20updated%20with%20FY17%20FINAL.pdf>

***Register Early (Number of participants from any one discipline PER project are limited)**

*There is no charge for students to participate in GAIT projects.
Housing, meals, project materials, and travel costs are provided.*

***Register Early (Number of participants AND number from any one discipline PER project are limited)**

PLEASE CHECK THE DATE YOU WISH TO ATTEND: (if can do either; give 1st and 2nd choice)

<u>Dates</u>	<u>Focus Topic</u>	<u>Location</u>
<input type="checkbox"/> Oct. 20 Friday 8am – 4pm	SUPPORTING STAYING AT HOME Adult Medical Day Services	Diakon Adult Medical Day Services Hagerstown, MD
<input type="checkbox"/> Oct. 26 Thursday 8am – 4pm	MAINTAINING INDEPENDENCE: Healthy Older Adults Meeting the Challenges of Aging	Independent Living Homewood at Williamsport Williamsport, MD

*Both sites: Morning refreshments and onsite Lunch is included
(previous night HOTEL option available if you are traveling a distance)*

***start time is firm; may extend ½ hour longer**

First Name _____ Last Name _____

Mailing Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell/Work Phone _____

EMAIL (please print clearly) _____

University _____ Department _____ Year in Program _____

If UMB, _____ Baltimore _____ Shady Grove

Need Hotel accommodations (No Cost to you; *IF you ATTEND the GAIT*) _____ YES _____ NO

Single Rooms - But CAN REQUEST TO SHARE with (Name): _____

Special Dietary Needs? NO _____ YES _____ please specify: _____

Would you be willing to have your email shared with other students registered for a particular GAIT
so that interested students could arrange to carpool? _____ YES _____ NO

This is a WORD Document - can input your information and email back.

Complete and RETURN TO: (preferably by email or FAX)

tsocha@ahecwest.org or FAX 301-777-2649

Terri Socha, AHEC West, 39 Baltimore St., Suite 201, Cumberland, MD 21502 301-777-9150, X 107

(You will receive confirmation and additional materials within 5 days; call/email if you do not)

Questions/Concerns: Terri Socha tsocha@ahecwest.org