

Putting Our Arms around It: Tools for Working with Complex Cases in Complex Times

Conference for Professionals Working with Older Adults and their Families

Friday, June 1, 2018

8:00 am – Noon

8:00 am – 8:20 am *Sign-in and Continental Breakfast*

8:20 am – 8:35 am **WELCOME and CASE INTRODUCTION**

Terri Socha, AHEC West and Reba Cornman, MSW, *Director, GGEAR, University of Maryland Baltimore*

8:35 am – 9:20 am **IMPLEMENTING PERSON-CENTERED, TRAUMA-INFORMED CARE**
with Holocaust Survivors and Other Older Adults with a History of Trauma

LEAH S. BERGEN, Project Manager, Center for Advancing Holocaust Survivor Care
The Jewish Federations of North America

Person-Centered, Trauma Informed (PCTI) care helps contextualize lived experiences of trauma survivors. As trauma survivors age, they may encounter life events that trigger them or make them prone to re-traumatization. Participants will learn how to recognize signs and symptoms of trauma, how to provide PCTI services, and how infusing PCTI principles in an agency elevates the quality of services.

9:25 am – 10:10 am **ARRESTED DEVELOPMENT – Solutions for Families Stuck and Stressed**

EVERETT SMITH, LGSW **Social Work Community Outreach Service**
University of Maryland School of Social Work

The Systemic Family Development Model (SFD) incorporates key components of systems theory, family stress theory, and a multigenerational approach to family development. The presentation approaches a family from SFD perspective to identify how stressors, family processes, and multigenerational developmental tasks intersect and maintain dysfunction. A solution-oriented brief family therapy approach guides family toward use of family's resources to adapt to stressors and changing roles.

-----10:10 – 10:20 AM BREAK-----

10:20 am – 11:05 am **INTERVIEWING and INTERVENTION SKILLS for COMPLEX CASES**

REBECCA BOWMAN-RIVAS, LCSW-C, Program Manager,
Law & Social Work Services Program, University of Maryland School of Law

Interviewing and working with at-risk older adults and victims of abuse, neglect, or financial exploitation is often challenging. Situations are complicated by family dynamics, and conflicting needs or challenges of caregivers and family. Often involuntary service referral may lead to workers being viewed as intruders. Families can be closed systems – difficult to penetrate and intervene. Presentation explores methods to assess, interview and engage reluctant individuals and families using forensic, cognitive, and motivational interviewing techniques.

11:05 am – Noon **CASE DISCUSSION – Audience and Presenters**
Noon -- Conference Concludes/Evaluation/Certificates

PROGRAM PROVIDED by:

- The Nursing Education Department of Meritus Health, *jointly with:*
- Geriatrics and Gerontology Education and Research program, University of Maryland, Baltimore
- Johns Hopkins Geriatric Workforce Enhancement Program
- Maryland Area Health Education Center *West (AHEC West)*
- Allegany College of Maryland

ADVANCED REGISTRATION REQUIRED. No Charge to Attend

LOCATION: Robinwood Professional Center, Room 142, 11110 Medical Campus Rd, Hagerstown, MD
I-70 E/W to Exit 32B - 40 West; 1.4 mile, right to N. Edgewood Dr., straight on Robinwood Dr., Left at light on Medical Campus Road, Left Robinwood Professional Center, follow signs for **Silver parking/entrance**;
IF you come through ORANGE entrance; need ID for security www.meritushealth.com

Upon completion of the training, participants should be able to:

- Describe how trauma-informed care and the Center's methodology on PCTI care can be infused into all programming and service provision for older adults, staff, and family caregivers
- Identify signs and symptoms of trauma in older adults
- Examine case studies of organizations that have successfully incorporated PCTI principles into their culture and elevated the overall quality of service provision to trauma victims.
- Review strategies for implementing trauma-informed principles.
- Explain the components of a systemic family development model relevant to the family case scenario.
- Identify advantages for intervening at the household level of the family system to promote family adjustment and adaptation.
- Describe potential family-based interventions to address dysfunctional dynamics in the family case scenario.
- Describe the challenges facing at-risk older adults who are victims of abuse, neglect, or financial exploitation
- Review how complicated family dynamics and conflicting needs impact family members and caregivers of older adults
- Describe how forensic, cognitive, and motivational interviewing techniques can be used to assess, interview and engage older adults and their families
- Identify resources and concepts of Person-Centered/Trauma Informed Care, Systemic Family Development Model, and Forensic, Cognitive, and Motivational Interviewing that can support social services and healthcare providers in addressing a complex case with at-risk older adults
- Examine how health care team members, families, and caregivers can effectively collaborate on best practices to address complex cases with at-risk adults and their families and caregivers.

Continuing Education:

Social Workers: The Geriatrics and Gerontology Education and Research Program is a sponsor authorized by the Board of Social Work Examiners and participants will be awarded a certificate for 3.0 hours of Category I upon completion of the program.

Psychologist: A certificate for 3.0 CEUs will be awarded upon completion of this course. Allegany College of Maryland is authorized by the State Board of Examiners of Psychologist as a sponsor of Continuing Education.

Professional Counselors: A certificate for 3.0 CEUs will be awarded upon completion of this course. Allegany College of Maryland has been approved by the State Board of Examiners as an authorized sponsor who may provide Category A CEUs for certified professional counselors, marriage and family therapists and alcohol and drug counselors.

Nurses: Nursing Education Department of Meritus Health is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 3.5 ANCC contact hours will be awarded.

Other: Certificate of Attendance; with hours indicated.

(indicate certificate preference on online registration form)

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Please REGISTER by : MAY 21 **Meritus Employees may register via HealthStream

**Questions: email jbooth@ahecwest.org or tsocha@ahecwest.org

❖ **REGISTRATION REQUIRED ----- NO CHARGE TO ATTEND** **online registration: Click [HERE](#)

***SPACE IS LIMITED, if unable to attend, please notify us so someone else can use your slot.**